



Western Australian Certificate of Education Examination, 2015

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PHYSICAL EDUCATION STUDIES

Practical (performance) examination Softball

Time allowed

Warm-up: 30 minutes
Skills and Drills: 75 minutes

Materials required

To be provided at the venue

Non-personal equipment required for Softball

To be provided by the candidate

Batting helmet, softball bat, glove, enclosed footwear

Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70 per cent of the total examination score and a practical (performance) component worth 30 per cent of the total examination score.

Structure of this practical (performance) examination

Sections and criteria	Marks available	Percentage of total exam
Individual skills		
• Skill 1	6	15
• Skill 2	6	
• Skill 3	6	
• Skill 4	6	
• Skill 5	6	
Conditioned performance	20	15
	Total	30

Instructions to candidates

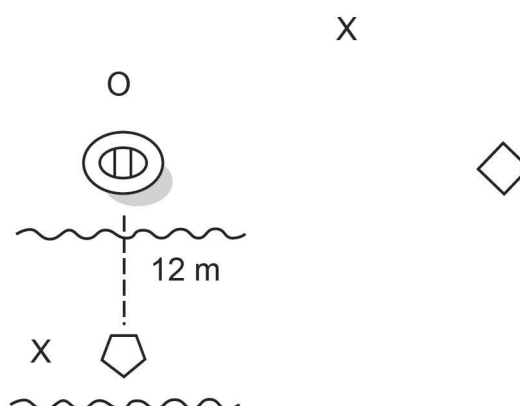
1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

SECTION ONE – Skills Performance

1. Skills set

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Hit	Bunt	Throw	Field (ground ball)	Tag

Drill #1: Hit

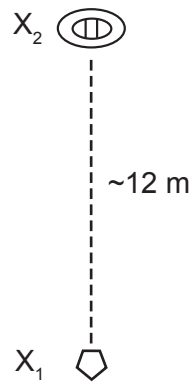


- Key:** X = player ⊕ = pitching machine
O = feeder ⬠ = home plate
△ = marker ⬠ = 1st, 2nd and 3rd base
→ = player movement ~~~~~ = net
-----> = ball movement

Drill description

1. Set up a pitcher or pitching machine/thrower 12 m from home plate, aimed accurately to throw strikes.
2. The batter sets up in the batter's box and begins hitting.
3. Batter hits the balls out to the rest of the group.

Drill #2: Bunt

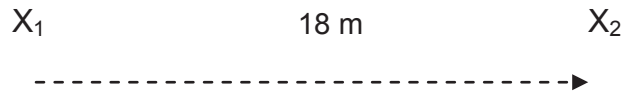






Key: X	= player		= pitching machine
O	= feeder		= home plate
△	= marker		= 1st, 2nd and 3rd base
→	= player movement		= net
----->	= ball movement		

Drill description

1. X₁ sets up in the batter's box facing the pitcher/pitching machine.
2. X₁ puts down a sacrifice bunt.

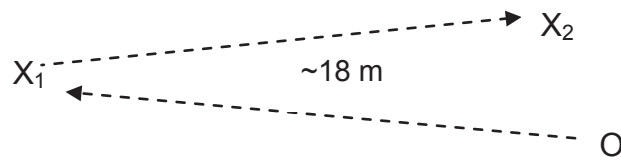
Drill #3: Throw







- Key:**
- | | | | |
|--------|-------------------|---|-------------------------|
| X | = player |  | = pitching machine |
| O | = feeder |  | = home plate |
| △ | = marker |  | = 1st, 2nd and 3rd base |
| → | = player movement |  | = net |
| -----> | = ball movement | | |

Drill description

1. Two players stand facing each other about 18 m apart and throw the ball back and forth to each other.

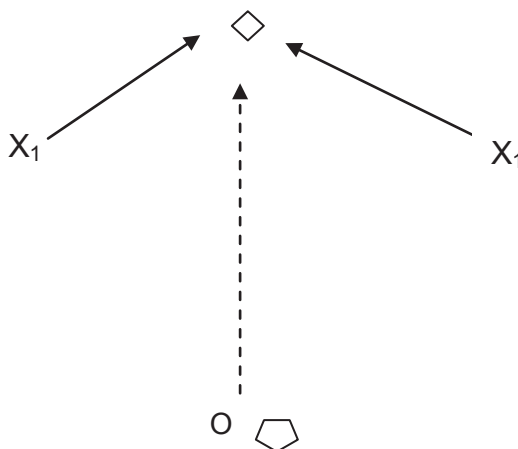
Drill #4: Field (ground ball)

Key: X	= player		= pitching machine
O	= feeder		= home plate
△	= marker		= 1st, 2nd and 3rd base
→	= player movement		= net
----->	= ball movement		

Drill description

1. X₁ starts in the ready position, about 18 m from the feeder.
2. The feeder hits ground balls directly to X₁, then progresses to hit them off to the side.
3. X₁ fields the ball and throws it in to X₂.

Drill #5: Tag



- Key:** X = player
O = feeder
△ = marker
→ = player movement
-----> = ball movement
- ⊕ = pitching machine
⬠ = home plate
◇ = 1st, 2nd and 3rd base
~~~~~ = net

**Drill description**

1.  $X_1$  starts in the short-stop position.
2. The feeder says 'go' to indicate an imaginary hit so  $X_1$  knows when to start the run to second base.
3. The feeder throws the ball to second base.
4.  $X_1$  receives the ball, and places a tag on the ground just before the base.
5. Repeat the same drill approaching from second base position.



**SECTION TWO – Conditioned Performance (20 marks)**

| <b>SCENARIO PLANNING</b>                 |                                                                                          |
|------------------------------------------|------------------------------------------------------------------------------------------|
| DEFINE PLAYING AREA OR BOUNDARIES        | Full softball diamond.                                                                   |
| SPECIFY NUMBER OF PLAYERS                | 12 with two rooms combining for section 2.                                               |
| SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED | Creating a base running opportunity by hitting a ball pitched by a feeder.               |
| SPECIFY ROLES OR GOALS OF PLAYER(S)      | 4 batters move to outfield, 4 outfielders move to infield, 4 infielders move to batters. |
| SPECIFY OPTIONS, RULES &/OR RESTRICTIONS | 4 players in outfield instead of 3.                                                      |

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